



Date:

Patient:

DOB:

Procedure:

Date:

Location

Approximate Surgery Time:

PRE-OPERATIVE EXAMINATION INSTRUCTIONS:

It is the patient's responsibility to obtain written surgical clearance. Please call our office to verify that surgical clearance is faxed to the location of surgery & to Dr. Gillian's office. If written surgical clearance is not received 3 days prior to surgery, the surgery is subject to cancellation.

- **ALL PATIENTS:** Your pre-op must be completed by your primary care physician and must include a history and physical, bloodwork, and EKG.
- **FOR ALL PATIENTS:** If you are currently seeing any physician (i.e. cardiologist, rheumatologist) on a regular basis for any health condition, you will also need written medical clearance from this physician.
- We have found the need to implement a **\$500.00 fee** for the cancellation of the surgery less than 3 days of the surgery. Please note that our office may need to move your surgery date and time and for this instance you will not be charged.
- All patients are required to stop taking any anti-inflammatory medication (including but not limited to Aspirin, Advil, Motrin, Aleve, etc.) **10 days prior to surgery**. If you are any of these medications, please consult with your prescribing physician on whether they need to be discontinued prior to surgery.
- It is very important that you **do not eat or drink anything after midnight** the night before surgery.
- All patients are required to have someone drive them home after surgery. The hospital/surgical center will not allow you to leave on public transportation.
- **Please call our office immediately if you develop a cold, infection, or fever of any other illness before surgery.**
- If you have any questions regarding your surgery, please call the office at **(703) 372-2280**.

POST-OPERATIVE APPOINTMENT INFORMATION:

First Post-Op Appointment:

Second Post-Op Appointment:

CONTACT INFORMATION	PHONE NUMBERS	FAX NUMBER (PRE-OPS)
Dr. Gillian's Office	703-372-2280	703-372-2024
INOVA Alexandria	703-504-3530	703-504-7895
Virginia Hospital Center	703-558-6159	703-558-5943
Harborside Surgery Center	240-493-6110	240-493-6125

Instructions for Day of Surgery:

Bring with you to the hospital/surgical center:

- Insurance card(s) & photo ID.
- A complete list of medications including doses & any allergies.

Clothes & Jewelry:

- Please wear loose, comfortable clothes to the hospital/surgical center.
- Leave ALL jewelry at home; including wedding rings. The hospital/surgical center will NOT be responsible for your valuables.
- The ONLY thing you will wear into the operating room is a hospital gown.

Hygiene before Surgery:

- Please avoid getting any cuts or scratches near the surgical area before your surgery, especially from animals – this could result in the cancellation of your surgery.